

# Foster-Tukwila Focus

*A bimonthly publication of Foster-Tukwila Presbyterian Church*

**September-October 2019**

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In 1970, forty students at Princeton Theological Seminary were selected for a study. These were bright young individuals who were driven to enter ministry, had excellent grades through most of their scholastic career and likely took their faith seriously. These students were (individually) asked to give a 3-5 minute talk on one of two subjects, either "What jobs or professions do seminary students enjoy most?" or asked to speak on the parable of the Good Samaritan. An assistant would then come in and tell the student that they were in the wrong building for the talk. The assistant would then tell the student where they should go, but gave different amounts of emphasis on how quickly the students should get there, with some being told they were already late and others being told they had plenty of time. This split the students into six groups as shown below.

<b>Rush:</b> High Hurry <b>Talk:</b> Jobs	<b>Rush:</b> Intermediate Hurry <b>Talk:</b> Jobs	<b>Rush:</b> Low Hurry <b>Talk:</b> Jobs
<b>Rush:</b> High Hurry <b>Talk:</b> Good Samaritan	<b>Rush:</b> Intermediate Hurry <b>Talk:</b> Good Samaritan	<b>Rush:</b> Low Hurry <b>Talk:</b> Good Samaritan

As the students set off, each student came across a researcher, who acted as a "victim". "The victim was sitting slumped in a doorway, head down, eyes closed, not moving. As the (student) went by, the victim coughed twice and groaned, keeping his head down." The victim then rated the student's help offered on a 0-5 scale (0 is the student didn't even notice him. 5 is student not only helped him but took him to coffee or the hospital). The researchers found that the talk that students were prepared to give was not statistically relevant. What was very relevant was how hurried the participants were. Students who were in a hurry were astonishingly less likely to help the victim.

<b>Rush:</b> High Hurry <b>Help:</b> 10%	<b>Rush:</b> Intermediate Hurry <b>Help:</b> 45%	<b>Rush:</b> Low Hurry <b>Help:</b> 63%
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This study shows what many of us know in our lived lives. If I am at rest, I am likely to respond in a Christ-like manner to the things that come up. If I place myself under stress, real or imagined, that likelihood drops.

This study is a warning, not to stuff our lives so full of meetings, tasks, or jobs that we fail to pay attention to what is happening in front of us. When we pack our lives full of "busyness", it is important to think through what we are doing and why. Jesus took breaks, he waited on the Father; he is found constantly relying on the provision of the Father to fulfill his present clear needs. Our God is good and has promised again and again to "fully satisfy every need of yours according to his riches in glory in Christ Jesus" (Philippians 4:19). So, as we look at our schedules for the months of September and October, as we plan our weeks and our months, include, as a priority, cycles of rest, time to get alone with God, and avoid a high-hurry environment.

*(Continued on page 7)*



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# Foster-Tukwila Focus

*"Let us fear the LORD our God,  
who gives the rain in its season,  
the autumn rain and the spring rain,  
and keeps for us the weeks  
appointed for the harvest."*

Jeremiah 5:24

## Income

For July 2019

\$13,087.19

Through July 2019

\$95,066.86

## Expenses

For July 2019

\$12,533.79

Through July 2019

\$98,743.01

## FTPC Missions: Missions Fest Seattle - October 18-19

This year's conference, "Scatter" will be held **October 18-19** at **Crossroads Bible Church**, 15815 SE 37th St, Bellevue, WA 98006.

### SPEAKERS:



**PETER TSUKAHIRA** is a spiritual leader & visionary who has lived in Israel more than 30 years, cofounding and pastoring Carmel Congregation, the first Messianic community at the highest point of Mt. Carmel. This congregation, while reaching out to Jews and Arabs, has grown into one of the largest in modern Israel. Peter is the author of *God's Tsunami*, a bestseller that connects God's prophetic plan for Israel with the

Great Commission and predicted the massive rise of the church in Asia. ***How is God scattering His people throughout the world?***

**GEORGE DAVIDIUK** was born in New Jersey, of Ukrainian immigrant parents. In 1970 he went on his first missions trip at the age of 16 and has traveled extensively to the former Soviet Union countries, having visited them over 100 times since 1973. He has contributed to planting many churches in the former USSR.

Pastor George ministers around the world in music and sharing his deep faith in



God. Last year he held several evangelistic crusades in Ukraine. He's a favorite speaker of teens and youth as well as older people.

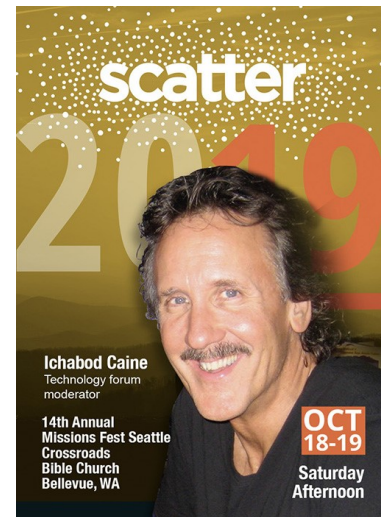
### MODERATOR: ICHABOD CAIN

Icky is a well-known radio personality, serving the NW for more than 35 years. He created and produced the "Honky Tonk Sundays" show, which ran for 9 years and was syndicated on over 130 stations in the US, Canada, and the US Armed Forces Network worldwide. This show featured the life and faith of many of music's greatest recording stars.

Icky presently lives in the digital world. He will lead a panel of technology experts as we learn how technology and mission can work together now and in the future.

*"Luther was a master at using the printing press. He would be all over the internet today."*

Ichabod Caine



### CONFERENCE SCHEDULE:

#### Friday, October 18

- 9:00 am - 3:00 pm: Pastors & Mission Leaders Workshop\*
- 10:00 am - 2:00 pm: Students Grades 4-12 Field Trip\*
- 4:00 - 5:00 pm: Seminars
- 4:00 - 7:00 pm: Prayer Room Open
- 4:00 - 8:00 pm: On-site Food Available
- 4:00 - 9:00 pm: Mission-Related Exhibitors
- 5:30 - 6:30 pm: Seminars
- 6:30 - 7:00 pm: Visit Exhibitors' Booths
- 6:45 - 8:45 pm: Children's Program pre-K-6th Grade

(Continued on page 6)

# September 2019 - Foster Tukwila Presbyterian

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> No Generations 9:30 am: Worship 3:30 pm: **MACC	<b>2</b> 7:00 pm: AA 206-419-4822 206.354.7610 LABOR DAY	<b>3</b> THE LORD'S WATCH	<b>4</b> <i>First Day of School</i> 12:00 pm: PrayTukwila @ Friendz Café 7 pm Impact Teams	<b>5</b> 10:00 am: Prayer	<b>6</b> 4:00 pm: *BNCCC Women's Prayer *BNCCC Youth	<b>7</b> 10:00 am: *BNCCC Worship
<i>Fall Schedule Begins</i> <b>8</b> 9:30 am: Generations 10:30 am: Worship COMMUNION 3:30 pm: **MACC	<b>9</b> 10 am-12 pm: CEF 7:00 pm: AA	<b>10</b> 1:00-3:00 pm: Women's Bible Study 6:30 pm: Youth	<b>11</b> 6:30 pm: Session	<b>12</b> 10:00 am: Prayer	<b>13</b> 4:00 pm: *BNCCC Women's Prayer *BNCCC Youth	<b>14</b> 10:00 am: *BNCCC Worship
<b>15</b> 9:30 am: Generations 10:30 am: Worship NOON - POTLUCK 3:30 pm: **MACC	<b>16</b> 7:00 pm: AA	<b>17</b> 1:00-3:00 pm: Women's Bible Study 6:30 pm: Youth	<b>18</b> 11:00 am: KOBA	<b>19</b> 10:00 am: Prayer 6:30 pm: Young Adults	<b>20</b> 4:00 pm: *BNCCC Women's Prayer *BNCCC Youth	<b>21</b> 10:00 am: *BNCCC Worship
<b>22</b> 9:30 am: Generations 10:30 am: Worship 3:30 pm: **MACC	<b>23</b> 7:00 pm: AA	<b>24</b> 1:00-3:00 pm: Women's Bible Study 6:30 pm: Youth	<b>25</b> See You at the Pole (1 hour before class)	<b>26</b> 10:00 am: Prayer 6:00 pm: SnackPack Training @ SCBC 7:00 pm: Women's Bible Study Men's Bible Study	<b>27</b> 4:00 pm: *BNCCC Women's Prayer *BNCCC Youth	<b>28</b> 10:00 am: *BNCCC Worship
<b>29</b> 9:30 am: Generations 10:30 am: Worship 3:30 pm: **MACC	<b>30</b>					

# October 2019 - Foster Tukwila Presbyterian

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 THE LORD'S WATCH 1:00-3:00 pm: Women's Study 6:00 pm: Youth	2 12:00 pm: PrayTukwila @ Friendz Café 7 pm Impact Teams	3 10:00 am: Prayer 6:30 pm: Young Adults	4 5:00 pm: *BNCCC Women's Prayer *BNCCC Youth	5 10:00 am: *BNCCC Worship
6 9:00 am: Generations 10:30 am: Worship COMMUNION 3:00 pm: **MACC	7 10 am-12 pm: CEF 7:00 pm: AA 206-419-4822	8 1:00-3:00 pm: Women's Bible Study 6:00 pm: Youth	9 6:30 pm: Session	10 10:00 am: Prayer 7:00 pm: Women's Bible Study Men's Bible Study	11 5:00 pm: *BNCCC Women's Prayer *BNCCC Youth	12 10:00 am: *BNCCC Worship
13 9:00 am: Generations 10:30 am: Worship 3:00 pm: **MACC	14 7:00 pm: AA	15 1:00-3:00 pm: Women's Bible Study 6:00 pm: Youth	16 7:00 am: Prayer 11 am: KOBA	17 10:00 am: Prayer 6:30 pm: Young Adults	18 5:00 pm: *BNCCC Women's Prayer *BNCCC Youth	19 10:00 am: *BNCCC Worship
20 9:00 am: Generations 10:30 am: Worship POTLUCK 3:00 pm: **MACC	21 7:00 pm: AA	22 1:00-3:00 pm: Women's Bible Study 6:00 pm: Youth	23	24 10:00 am: Prayer 7:00 pm: Women's Bible Study Men's Bible Study	25 5:00 pm: *BNCCC Women's Prayer *BNCCC Youth	26 10:00 am: *BNCCC Worship
27 9:00 am: Generations 10:30 am: Worship 3:00 pm: **MACC	28 7:00 pm: AA	29 1:00-3:00 pm: Women's Study 6:00 pm: Youth 7:00 pm: Deacons	30	31 6-8 pm: Trunk o' Treats		* Bhutanese-Nepali Christian Community Church  **Myanmar American Christian Church

MISSIONS FEST SEATTLE @  
CROSSROADS BIBLE CHURCH, BELLEVUE

# Foster-Tukwila Focus



**THE LORD'S WATCH**

September 3 & October 1, 2019



**IMPACT TEAMS!**

7:00 pm, Wednesday  
September 4, 2019  
October 2, 2019



**KOBA Circle**  
11:00 am  
September 18 &  
October 16 2019



**FTCP**  
To Know Christ &  
To Make Him Known



**Women's Bible Study**

Tuesdays, 1:00-3:00 pm  
*Beginning 9/10/2019*

**S·E·S·S·I·O·N**  
Wednesday, Sept 11 & Oct 9  
6:30 pm in the parlor



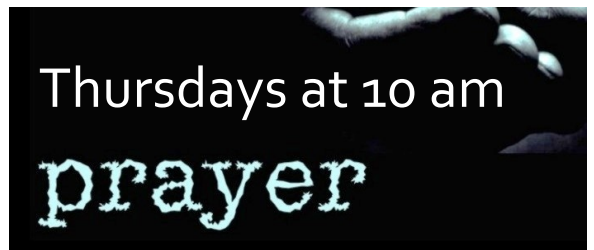
Mission Affinity Group

**ECO**  
Men's Breakfast

2nd & 4th Thursdays, 7 pm  
*Beginning 9/26/2019*



SATURDAY, SEPTEMBER 14, 2019  
8:30 - 11:30 AM @  
Mukilteo Presbyterian Church  
"The Importance of Discipleship"  
Contact Ed Hougardy for details  
206.818.0432



Thursdays at 10 am  
**prayer**



**Deacons**

Tuesday,  
October 29, 2019  
7:00 pm

**October is Clergy & Pastor  
Appreciation Month**




**PRAY  
TUKWILA**

The 1<sup>st</sup> Wednesday  
of the Month  
12:00 pm @ Friendz Cafe



**Potlucks immediately following worship  
September 15 & October 20, 2019**



# Foster-Tukwila Focus

**Fall** Goal: 2,000 Cup Noodles  
**OODLES OF NOODLES CHALLENGE**  
 Saturday, September 14, 10 am - 2pm



**SUPER SAVER FOODS**

**Weekend SnackPack**

## Tukwila Weekend SnackPack Volunteer Information & Training

6:30 pm, Thurs, September 26, 2019  
 Southcenter Community Baptist Activity Center



Find out how you can help to feed homeless children who attend school in Tukwila.

Register by contacting Jenny McCoy at

206-717-4709

Or email her at

tuksnackpack@gmail.com

**scatter 2019**

**OCT 18-19**

**14th Annual Missions Fest Seattle Conference**  
 Crossroads Bible Church—Bellevue, WA  
[missionsfestseattle.org](http://missionsfestseattle.org) | Free Event



7:00 - 8:30 pm: General Session: **Peter Tsukahira, Greater Works Gospel Choir**  
 9:00 pm: Exhibitors' Booths Close

**Saturday, October 19**

9:00 am - 7:00 pm: Prayer Room Open  
 9:00 am - 7:00 pm: Exhibits Open  
 9:15 am - 11:00 am: Children's Program  
 10:00 - Noon: MFS Project: Meal Packaging - 1st shift  
 10:40 am - 7:00 pm: On-site Food Available  
 11:15 am - 12:15 pm: General Session, **Peter Tsukahira, New Hope & New Covenant Worship**  
 11:30 - 12:30 pm: Seminars  
 12:15 - 1:15 pm: Visit Exhibitors' Booths/On-site Food  
 1:00 - 3:00 pm: MFS Project: Meal Packaging - 2nd shift  
 1:00 - 4:45 pm: Children's Program

1:15 - 2:30 pm: Planning MFS 2020 Workshop  
 3:00 - 4:30 pm: General Session Panel: **Ichabod Caine**  
 3:30 - 4:30 pm: Seminars  
 4:00 - 6:00 pm: MFS Project: Meal Packaging - 3rd shift  
 5:00 - 6:00 pm: Seminars  
 6:45 - 9:00 pm: Children's Program  
 7:00 - 9:30 pm: Youth Rally  
 7:00 pm: Exhibits Close  
 7:00 - 8:45 pm: General Session: **George Davidiuk, Church of Grace Youth Choir**  
 9:00 pm: Missions Fest Seattle 2019 Closes

Join other members of FTPC and attend this life changing conference. **Look for more info about ridesharing in the bulletin in the coming weeks.**

\*Advance Registration required at [info@missionsfestseattle.org](mailto:info@missionsfestseattle.org).

## FTPC Missions: Tukwila Pantry

### Mission Statement

The Tukwila Pantry is a non-profit food bank established to serve the residents of the city of Tukwila, SeaTac and Burien in a humane and dignified way with their food and other referral needs. The Tukwila Pantry is committed to provide food for those in need and educate the community on issues surrounding hunger.

### Our Story

South King County has many families, with children, living in poverty. At Cascade View Elementary School, just two blocks from the Tukwila Pantry, over 80% of the students qualify for free and reduced lunch programs.

Seeing the need, three organizations; Tukwila Rotary, The Riverton Park United Methodist Church and the Tukwila School District, joined together to help. With an \$18,000 start-up grant from United Way, the Tukwila Pantry opened in May, 2001.

In our first year we distributed 28,101 pounds of food to 952 individuals and served 277 families. Thanks to growing awareness and partnerships, in 2017 we were able to distribute 1 million pounds of food to serve over 30,000 individuals in over 10,000 families from the communities of Tukwila, SeaTac, and Burien.

The Tukwila Pantry distributes nutritious food to our clients. We pick up food from local companies like Safeway, Cash & Carry, Del Monte, Franz Bakery, LSG Sky Chef, Starbucks, Target and more.

*(Continued from page 1)*

One question that has been prominent as I move to this new position is what are the best times to meet with me. My most stable office hours are Wednesday and Thursday from 11-3, and Friday from 12-3. If you need to meet outside that time, let me know. I included my tentative schedule outline for September in this newsletter, any time that is blue works really well for meetings *(though if*

The Pantry truck picks up food each week from Northwest Harvest and Food Lifeline. Even with these generous donations, the Pantry also needs cash donations for transporting food, equipment maintenance, utilities, and staff.

The patrons of the Tukwila Pantry are your neighbors. You may live in a different suburb, or community, but you visit Tukwila and SeaTac when you fly to Seattle, or visit

Southcenter Mall and the surrounding businesses. You have an opportunity to provide food to children in these cities who are hungry by making a financial contribution to the Tukwila Pantry. At 22¢ a meal, your money will go far. Please help by sending a contribution to the Tukwila Pantry today.

Donating your time to volunteer or financial assistance is greatly appreciated. Please don't delay — "In the land of plenty, plenty are hungry." You CAN make a difference!

Tukwila Pantry  
3118 S. 140th Street  
Tukwila, WA 98168

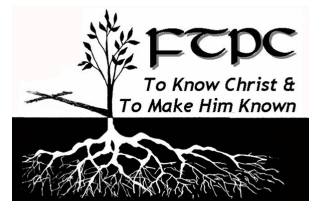
206-431-8293  
Info@tukwilapantry.org  
<https://tukwilapantry.org>



## Lend A Hand! Feed A Neighbor!

*we need to meet at a different time, we can absolutely do that. Just let me know!)* This will also be posted on our website at: [ftpc.org/pastor-aarons-schedule.html](http://ftpc.org/pastor-aarons-schedule.html)

*Pastor Aaron* Praying for you,





**FOSTER-TUKWILA PRESBYTERIAN**

PO Box 88576  
Tukwila, WA 98138

Web: [www.ftpc.org](http://www.ftpc.org)  
206-243-4455

*"To Know Jesus Christ & to Make Him Known"*

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE PAID  
Seattle, WA  
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**September -  
October 2019**

**RETURN SERVICE REQUESTED**

# Trunk *or* Treat



**Thursday, October 31, 2019  
6:00 pm - 8:00 pm - FTPC Parking Lot**