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Each of you has a story of what has happened for the past ten years. How you have had relationships begin, end, or change. How you have been poked and prodded to become someone a little different. In Matt Smith's final **"Doctor Who"** appearance, he says "When you think about it, we're all different people all through our lives, and that's okay, that's good, you've got to keep moving so long as you remember all the people that you used to be." The end of a decade is a good time to remember the person you used to be.

2010 Aaron was a very different person. Speaking of Doctor Who I was not a husband, let alone a father. I was still getting my undergraduate degree at St. Martin's University and I had yet to take many of the steps God had planned to prepare me for ministry. I had yet to meet any of you as I attended a local church near the college.

In the intervening time, I have been blessed. I have been blessed to marry a fantastic woman named Ninalynn, who grounds me, keeps me sane, and challenges me to live up to what God has called me to. I have been blessed with a beautiful baby girl who is clever and kind. I have been blessed to join and pastor a church full of people who passionately seek God's face. Truly, God is good.

I have been blessed in ways that seem counter-intuitive. I have had family members pass away, I have had jobs denied me for seemingly discriminatory reasons. I have thrown myself at the feet of God in pain and bewilderment, trying to cope with forces arrayed against me that seemed insurmountable. And in each circumstance, God has delivered me. God has shown his faithfulness. Truly, I have seen that "The Lord redeems the life of his servants; none of those who take refuge in him will be condemned." (Psalm 34:22).

At this beginning of a new decade, I invite you to consider who you were in 2010, how you have become a different person. And more importantly, look what the Lord has done! How has God redeemed your life, brought meaning to your days, and drawn you closer to Himself? When have you been blessed to take refuge in the Lord? We reflect on what God has done for us that we might say, with all honesty "The Lord is my strength and my shield; in him my heart trusts; so I am helped, and my heart exults, and with my song I give thanks to him." (Psalm 28:7)

Pastor Aaron

Inside this Issue

Pastor's Pen	1
FTPC Financials	2
January Missions:	2
January Calendar	3
February Calendar	4
FTPC Bulletin Board	5
February Missions	6
Seek God for the City	7
Annual Meeting	8

Foster Tukwila Presbyterian Financials

*"Send your resources
out over the seas;
eventually
you will reap
a return."*

Ecclesiastes 11:1 CJB



Income

For November 2019

\$12,703.83

Year to Date

\$151,735.69

Expenses

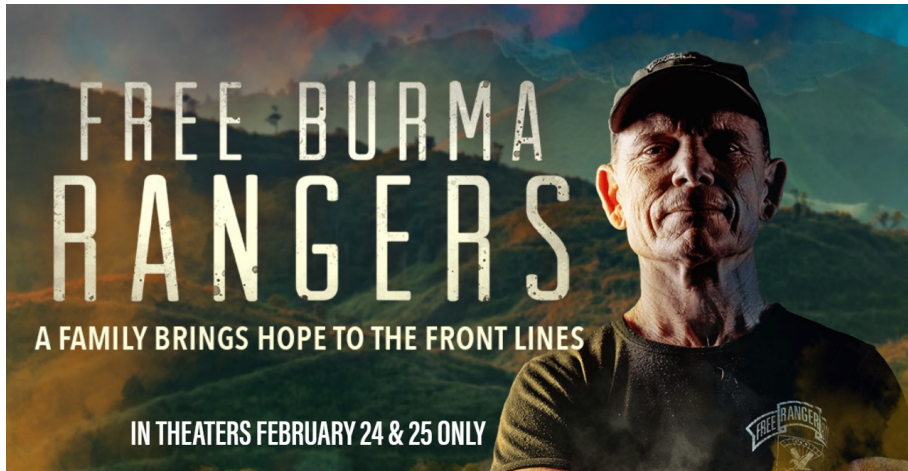
For November 2019

\$14,982.53

Year to Date

\$159,043.94

January Missions: Free Burma Rangers



Free Burma Rangers is a documentary film exploring the extraordinary 20-year journey of missionaries Dave and Karen Eubank. The film follows Dave, Karen, and their three young children, as they venture into war zones where they are fighting to bring hope.

Dave Eubank is a rare hero of the faith. He is a former U.S. Special Forces soldier turned missionary to conflict zones. The film is a real life adventure movie. Viewers will follow the family into firefights, heroic rescues, and experience life-changing ministry. In the midst of this unprecedented journey, you will witness amazing lessons of faith from one of the most inspiring families in the world.

The Free Burma Rangers was founded over 20 years ago by Eubank, in response to conflict in Burma, and now offer help, hope and love to internally displaced people around the world. They live by six principles:

- Love One Another
- Unite for Freedom, Justice, and Peace
- Forgive and do not hate each other
- Pray with faith
- Act with Courage
- Never Surrender

FBR's supporting foundation is Free the Oppressed and it covers all of their different projects. The name of the foundation is inspired by the words of Jesus in Luke 4:18-19: *"The Spirit of the Lord is upon me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight to the blind, to release the oppressed, to proclaim the year of the Lord's favor."*

FBR is made up of people of different faiths and all are free to believe as they choose. Coming from different faiths and ethnicities, they are joined in love as we try to serve the oppressed. The Eubanks want to follow Jesus in this and share His love with all in need.

Foster-Tukwila Presbyterian Church has been supporting the Eubank family since the 1990s and have been privileged to have them as guests at a number of our worship services over the years.

This movie will be showing at the Southcenter AMC February 24 & 25 at 7:00 pm. Plans are in the works for purchasing a block of tickets so we can view it together. **Stay tuned for more information.**

January 2020 - Foster Tukwila Presbyterian

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 NEW YEAR'S DAY	2 10:00 am: Prayer 12:00 pm: Annual Reports due 6:30 pm: Young Adults	3 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	4 10:00 am: BNCCC Worship
5 9:00 am: Generations 10:30 am: Worship COMMUNION 3:30 pm: MACC	6 The Epiphany 7:00 pm: AA 206.419.4822 206.354.7610	7 1:00-3:00 pm: Women's Study 6:00 pm: FTPC Youth 7:00 pm: Midweek Service THE LORD'S WATCH	8 12:00 pm: PrayTukwila 2:30-4:00 pm: FHS Afterschool Program 7:00 pm: CE Impact Team	9 10:00 am: Prayer 7:00 pm: Women's Bible Study	10 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	11 10:00 am: BNCCC Worship
12 9:00 am: Generations 10:30 am: Worship 3:30 pm: MACC	13 7:00 pm: AA	14 1:00-3:00 pm: Women's Study 6:00 pm: FTPC Youth 7:00 pm: Midweek Service	15 11:00 am: KOBA 11:30 am-4:00 pm: FHS Afterschool Program 6:30 pm: Session	16 10:00 am: Prayer 6:30 pm: Young Adults	17 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	18 10:00 am: BNCCC Worship
19 9:00 am: Generations 10:30 am: Worship - SOHLS POTLUCK 3:30 pm: MACC	20 7:00 pm: AA MARTIN LUTHER KING, JR's BDAY CELEBRATED	21 1:00-3:00 pm: Women's Study 6:00 pm: FTPC Youth 7:00 pm: Midweek Service	22 2:30-4:00 pm: FHS Afterschool Program	23 10:00 am: Prayer 7:00 pm: Men's/Women's Bible Studies	24 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	25 10:00 am: BNCCC Worship
26 9:00 am: Generations 10:30 am: Worship ANNUAL MEETING 3:30 pm: MACC	27 7:00 pm: AA	28 1:00-3:00 pm: Women's Study 6:00 pm: Youth 7:00 pm: Midweek Service	29 2:30-4:00 pm: FHS Afterschool Program 7:00 pm: Worship IT	30 10:00 am: Prayer	31	

**Youth Retreat, @ Lakeside: Friday
January 17 - Sunday, January 19, 2019**

February 2019 - Foster Tukwila Presbyterian

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						¹ 10:00 am: BNCCC Worship
² 9:00 am: Generations 10:30 am: Worship COMMUNION 3:30 pm: MACC	³ 10 am-12 pm: CEF 7:00 pm: AA 206.419.4822	⁴ <i>The Lord's Watch</i> 1:00-3:00 pm: Women's Study 6:00 pm: Youth 7:00 pm: Midweek Service	⁵ 12:00 pm: PrayTukwila 2:30-4:00 pm: FHS Afterschool Program 7:00 pm: CE Impact Team	⁶ 10:00 am: Prayer 6:30 pm: Young Adults	⁷ 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	⁸ 10:00 am: BNCCC Worship
2020 ECO NATIONAL GATHERING - GRAPEVINE, TX: OUR MUTUAL SPURRING						
⁹ 9:00 am: Generations 10:30 am: Worship 3:30 pm: MACC	¹⁰ 7:00 pm: AA	¹¹ 1:00-3:00 pm: Women's Study 6:00 pm: Youth 7:00 pm: Midweek Service	¹² 11:30 am-4:00 pm: FHS Afterschool Program 6:30 pm: Session	¹³ 10:00 am: Prayer 7:00 pm: Women's Bible Study	¹⁴ 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	¹⁵ 10:00 am: BNCCC Worship
¹⁶ 9:00 am: Generations 10:30 am: Worship/ SWEETHEARTS' POTLUCK 3:30 pm: MACC	¹⁷ 7:00 pm: AA PRESIDENTS' DAY	¹⁸ 1:00-3:00 pm: Women's Study 6:00 pm: Youth 7:00 pm: Midweek Service	¹⁹ 11:00 am: KOBA 2:30-4:00 pm: FHS Afterschool Program	²⁰ 10:00 am: Prayer 6:30 pm: Young Adults	²¹ 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	²² 10:00 am: BNCCC Worship
²³ 9:00 am: Generations 10:30 am: Worship/ Lenten Cleansing Prayer 3:30 pm: MACC	²⁴ 7:00 pm: AA	²⁵ 1:00-3:00 pm: Women's Study 6:00 pm: Youth 7:00 pm: Midweek Service	²⁶ <i>Ash Wednesday</i> 2:30-4:00 pm: FHS Afterschool Program Seek God for the City Begins	²⁷ 10:00 am: Prayer 7:00 pm: Men's/Women's Bible Studies	²⁸ 5:00 pm: BNCCC Youth/ BNCCC Women's Prayer Group	²⁹ Seek God 10:00 am: BNCCC Worship




FTPC Bulletin Board



THE LORD'S WATCH

January 1 & February 5



BIBLE STUDY GROUPS

DIVE INTO GOD'S WORD

1st and 3rd Thursdays
6:30 pm - Young Adults

4th Thursdays
7:00 pm - Men's Study



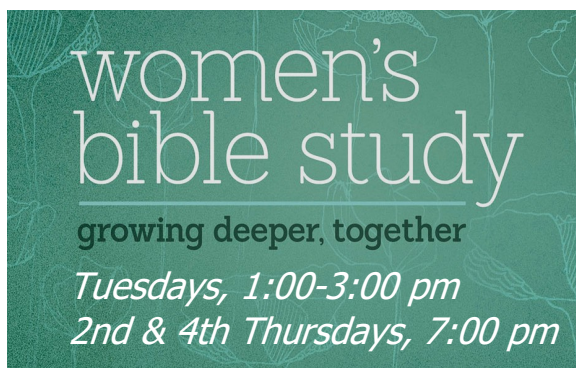
In case of Snow
Call FTPC

206-243-4455
or visit
ftpc.org

For information on
changes in schedule.



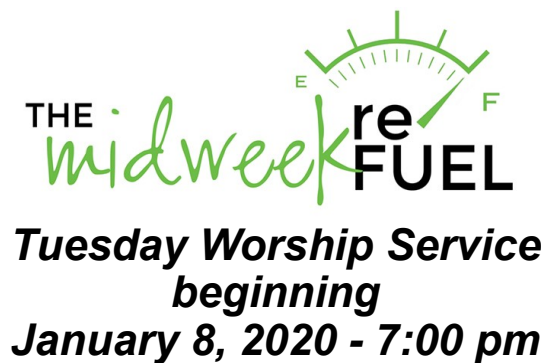
KOBA Circle
11:00 am
January 22 &
February 19,
2020



women's bible study

growing deeper, together

Tuesdays, 1:00-3:00 pm
2nd & 4th Thursdays, 7:00 pm



THE midweek reFUEL

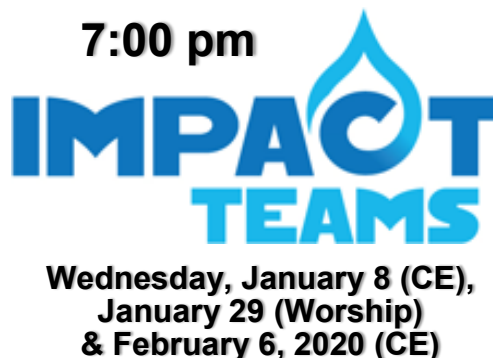
Tuesday Worship Service
beginning
January 8, 2020 - 7:00 pm



Foster High School
AFTER SCHOOL Program

Wednesdays: 2:30-4:00 pm
FHS Library

Smart Wednesdays:
11:30 am-4:00 pm
Beginning January 8, 2020



7:00 pm IMPACT TEAMS

Wednesday, January 8 (CE),
January 29 (Worship)
& February 6, 2020 (CE)



SANCTITY OF
- ♥ -
HUMAN LIFE
SUNDAY
JANUARY 19, 2020



WINTER RETREAT

Youth Retreat - Friday, January
17 - Sunday, January 19, 2020



POTLUCK

Sunday, January 19 &
Sunday, February 16, 2020

Bring a dish to share!



Wednesday, January 8
& February 5, 2020

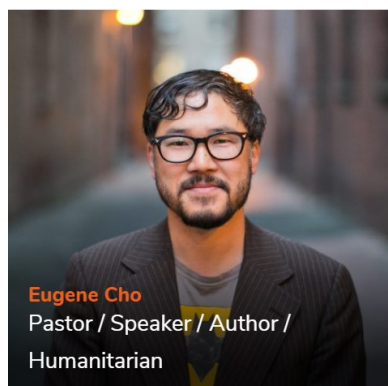
PrayTukwila

@ Friendz Café

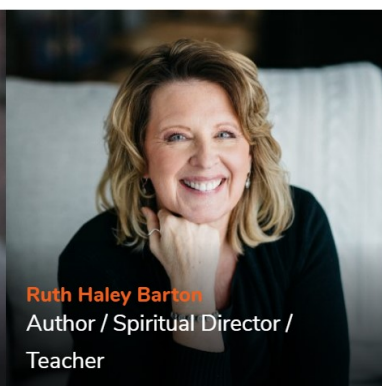




February Missions: 2020 ECO National Gathering



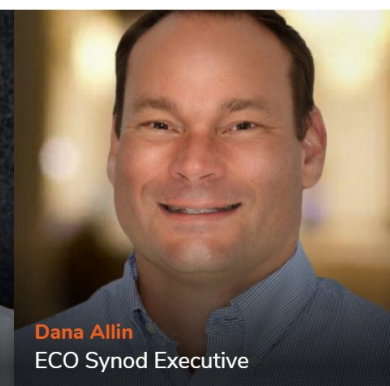
Eugene Cho
Pastor / Speaker / Author /
Humanitarian



Ruth Haley Barton
Author / Spiritual Director /
Teacher



Sameh Maurice
Pastor / Speaker / Author



Dana Allin
ECO Synod Executive

ABOUT THE 2020 NATIONAL GATHERING:

One of our core ECO values is **Our Mutual Spurring**, meaning that the strength of our covenant community is how we challenge one another to constantly transform. In the midst of that transformation is where we make the very biggest impact for Christ. Our prayer is that we would always remember that we are not alone on our ministry journey. We are interconnected in relationship with churches and covenant partners across the country who want you and your congregation to flourish in order that God's kingdom may be made known throughout our communities and the world.

We are so excited to have you join us in Dallas to catalyze and strengthen connections with friends, colleagues, and most importantly, the God who created you to love and serve Him. Whether your church is big or small, rural or urban, thriving or struggling, God is calling us all to flourish – and we were not created to do that on our own. We are created to be interconnected!

WHEN:

Pre-Conferences: Monday, February 3, 2020

Main Conference: Tuesday, February 4 to Thursday, February 6, 2020

WHERE:

Gaylord Texan – Resort and Convention Center
Grapevine, TX



Connect With Others:

The best opportunity we have all year to connect with friends and colleagues! Share stories and spur one another on.

Powerful Worship:

Worship is always an integral part of our time as we enter into the presence of Christ together.

Keynote Speakers:

Learn from wise and inspiring speakers from around the world who will encourage you and your team for life and ministry!

Flourishing Next Step:

Take time to dig deep and uncover your Flourishing Next Step for ministry in the year ahead!

To register or for more information about the ECO 2020 National Gathering, visit econationalgathering.org



Seek God for the City - February 6 to April 5, 2018

Once again this year we will be using this excellent prayer guide to lift up our city during the 40 Days of Lent. Please join us in seeking God for Tukwila. Prayer guides will be available in the Narthex beginning **Sunday, February 23, 2020**, or you can download it at your iPhone or Android app store.

Seek God for the City 2020

Weekly Themes of Hope:

Each day's promise builds toward a weekly theme. It's all about seeking God.



Seek His **FACE**



The **GOSPEL** of the Kingdom



The **RIGHTEOUSNESS** of the Kingdom



The **PEACE** of the Kingdom



The **JOY** of the Kingdom



The **VISITATION** of Christ the King

Hope in Christ:

A word and a prayer from the Gospels lifts your vision to Christ's life transforming your community. Newly-selected passages and prayers in this edition.

Pray for the World:

Another continent each week. Each day lists a few countries so that at the end of forty days, you'll have mentioned every country.

SEEKING GOD...

to rescue people enslaved in darkness



DAY 14

Tuesday
March 10

And I will appoint you as...a light to the nations, to open blind eyes, to bring out prisoners from the dungeon and those who dwell in darkness from the prison.

— Isaiah 42:6-7

We know what it is like to be blinded by our own wrongdoing and to be held in spiritual bondage. Many in our city are trapped in patterns of sin that they cannot see. Come, Lord Jesus. You are the light of the world. Send Your light, to penetrate the darkness with brilliant healing power. Liberate those who are locked in darkness. Pry apart sealed eyelids. Illumine darkened minds. Wrench open prison doors. Cut the bonds that handcuff their hearts. Call each one to break free from what has bound them. May they follow You with grateful faithfulness.

Jesus said to them, "For a little while longer the Light is among you. Walk while you have the Light, so that darkness will not overtake you."

— John 12:35

When people walk out of darkness into Your light, they are free to follow You. We pray today for those who are still in the twilight shadows, right on the verge of stepping into Your light and life. Call them to Yourself. Give them courage to follow You. *Pray:*

- for God to extend times of light, holding back the darkness, so that many more will follow Him,
- that those who see the light of Jesus will choose to follow Him and walk in His light.

Daily Topic of Hope:

Each day helps you focus on a single topic of hope arising from scripture.

Promise from the Prophets:

A passage from the Old Testament, with a freshly-worded prayer, helping you pray with passion and purpose.

Ways to Pray for Everyone:

Day by day, focus on the different kinds of people which comprise any community, such as mothers, police, pastors, university students, gangs, men, military, children, the homeless, sick people, marriages, and many more. Pertinent scriptures and practical menus help you pray with insight.

Prayerwalking Ideas:

A different practical idea for just about every kind of person or place in your community. Another simple way to take steps toward a prayed-for city.

Seeking God for... Health Care Workers

Pray that God will equip health care workers of every kind to serve with wise and loving hearts; that God will bless them with perseverance and joy; that the demands of their professions will bring no harm to their

families and friendships; that many will follow Christ.

Prayerwalk: Pray on or near the grounds of a hospital, clinic or assisted living facility.

Blessed is he who has regard for the weak; the LORD delivers him in times of trouble. The LORD will protect him and preserve his life; He will bless him in the land.

— Psalm 41:1-2 NKV

...on behalf of **Asia and the Pacific**

French Polynesia, Guam, Hong Kong, India, Indonesia, Japan, Kiribati

23

FORTY DAYS TO PALM SUNDAY

February 26 to April 5, 2020





Foster-Tukwila Presbyterian
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Web: www.ftpc.org
206-243-4455

"To Know Christ & to Make Him Known"

